

## **What is your subconscious mind trying to tell you?**

"... A client had been told he had a skin allergy and had seen more than one dermatologist. Nothing had helped, in fact he had even gotten worse. He came to me with red rough looking hands that were so irritated they looked like hamburger meat. His hands were also sweating excessively and itched horribly.

In speaking to him I discovered that he was terribly worried about money because his wife was no longer working and he had two small children to support as well as a payroll to meet for his business. I thought to myself that the responsibility not only for his business but for his family's future now lay entirely 'in his hands.'

We released fears about money and balanced for feeling secure that all would all work out well. Once the balances were complete his hands turned from an angry red color to a light pink right there in the session! Not only that, his hands stopped itching completely and the excessive sweating was greatly diminished.

No wonder I think that PSYCH-K is one of the most powerful processes for transformation I've ever come across!"

*Story shared by Judith Albright, Ft. Collins CO*